



AUGUST 2022



Welcome

Putting out this e-zine monthly, ensuring that it has worthwhile biodynamic relevance, is a delicious challenge here at Biodynamic Agriculture Australia. We attempt to make it more than a mere notice board, while at the same time differentiating it from our much more “serious” journal, *News Leaf*. In this issue, we take a small step into the ideas of Jonathon Michael Code, in his excellent 2014 book *Muck and Mind*.

Code takes his reader back into concepts which are essentially “alchemical”,

and thus to a significant extent into the world of Goethe and Steiner. Whatever the practicalities of biodynamics, its essence lies in the realm of energy and energetics, and in the case of humanity, the imperative to transform our consciousness.

In this regard, we owe it to ourselves, all future generations, and to all other lifeforms on Earth to reverse the negative effects of materialism. Basically, biodynamics is about the capture and transfer of energy from the cosmos to the Earth and ultimately to our food...the energy systems involved are the real core of biodynamics.

However, to keep it simple, for anyone contemplating involvement in biodynamics, the best advice is: “Just do it – the results will speak for themselves.”

Blessings for the last month of winter!

John and Kaz

Biodynamic Liquid Soil Activator (LSA)

A potent living biodynamic soil spray that brings a healthy balance to the soil.

Contains biodynamic preparations: (500–508)

No stirring required – just dilute and apply.

USES

Broadacre

- pastures and crops, as both a soil and foliar spray
- via stock – pour into water troughs at recommended dilution so that stock can spread over large and/or inaccessible areas

Gardens and Market Gardens

- as a soil spray prior to planting seedlings
- for vegetable gardens, flower beds and pot plants
- for green manure crops to aid breakdown when turned-in
- as a seed bath or root dip before transplanting
- add to liquid fertilisers such as biodynamic fish or seaweed concentrate
- add to water used in compost making
- add to septic tanks and composting toilets to cancel odours and improve microbial breakdown
- add to watering can and sprinkled over worm farm or home composting container

DILUTION [dilution ratio: 1:100]

1 litre LSA in 100 litres water *is sufficient for 3ha*

330ml LSA in 33 litres water *is sufficient for 1ha*

100ml LSA in 10 litres water *is sufficient for 3000m²*

30ml LSA in 3 litres water *is sufficient for 1000m²*
(quarter acre)

METHOD

Shake LSA container, then add appropriate volume for the correct dilution, into sprayer/ spray tank water. Fish/seaweed products can be added at the same time and sprayed out together with LSA. Spray out in droplets for soil spray; mist for foliar spray. It is best to spray after about 3pm or after the heat of the day has subsided.

FREQUENCY

Spray out monthly but at least twice a year at active growing times, especially after rain or during drought.

STORAGE

Store in a cool dry dark place as far away as possible from electrical fields and appliances.



Making manure concentrate

We have recently put down multiple pits of manure concentrate and soil activator, which will be ready for retrieval in summer.

Pictures are pouring on the stirred Valerian preparation (507) and covering with hessian sacks.

A big thanks to the team here, especially Luigi and Wilany.





Organic property for sale

Check out this gorgeous organic property for sale in Bellingen NSW

457 Summervilles Road, Bellingen, NSW 2454

[read more....](#)



Biodynamic bananas

It took three years, but I finally got a big bunch of bananas on my tree. I'm in awe of their beauty and structure and every day I speak with them gently, encouraging them to ripen.

Check out the below article by Hugh Lovel on the Biodynamic Banana Culture

[read more....](#)

The advertisement for Biodynamic Paste features a white plastic tub of the product in the upper right. The tub's label includes the text 'Biodynamic Agriculture Australia Ltd', 'Using The Compost', 'PASTE', and 'Promoting healthy, productive life in trees, shrubs and vines. For application on bark.' Below the tub, a list of benefits is presented with red arrowheads. At the bottom, three small green seedlings are shown growing out of a mound of dark brown soil. The Biodynamic Agriculture Australia Ltd logo, a stylized white swirl, is positioned on the left side of the soil mound. The company name and website are printed in white text on the right side of the soil mound.

Biodynamic Paste

**A nourishing,
healing
concentrate,
made for use on
trees, shrubs,
vines and roses.**

**dilutes to double the
volume and more**

- ▶ Discourages the growth of fungi, lichen and scale
- ▶ Deters harmful insects, including borers, from damaging the trunk or sheltering amongst crevices in bark
- ▶ Reduces transplant shock
- ▶ Promotes wound healing
- ▶ Use as a dip for bare rooted plants to stimulate root growth and enable speedy establishment

 **Biodynamic Agriculture Australia Ltd**
www.biodynamics.net.au



Good reasons to become a member

Thanks for subscribing to receive our free ***Between the Leaves*** newsletter.

Do you want to live mindfully and lovingly, intuitively with good intentions, along with nurturing our soil, plants, animals, humans and environment? If so, biodynamics is for you. Due to people's busy lifestyles, there is a need for high-quality preparations and products, so we cater to this demand.

Members receive:

- Significantly reduced costs on products and workshops
- Quarterly *News Leaf* coloured journal with valuable information
- Biodynamic Handbook
- Sample of Biodynamic Soil Activator with instructions
- Encouragement, direction and support

Our next *News Leaf* comes out in Spring on 1 September, so consider coming on board and taking the next step in your biodynamic journey.

If your membership has lapsed, we would love you to join us again. Your ongoing support helps us to continue creating, sharing and promoting biodynamics. It's easy to renew. Simply log into your account on our webpage and update.

Your membership helps support our not-for-profit organisation in

making and sourcing products, practicing, promoting and sharing everything biodynamic, while we support you towards creating optimal soil health and growing highly nutritious and delicious food.

[read more...](#)

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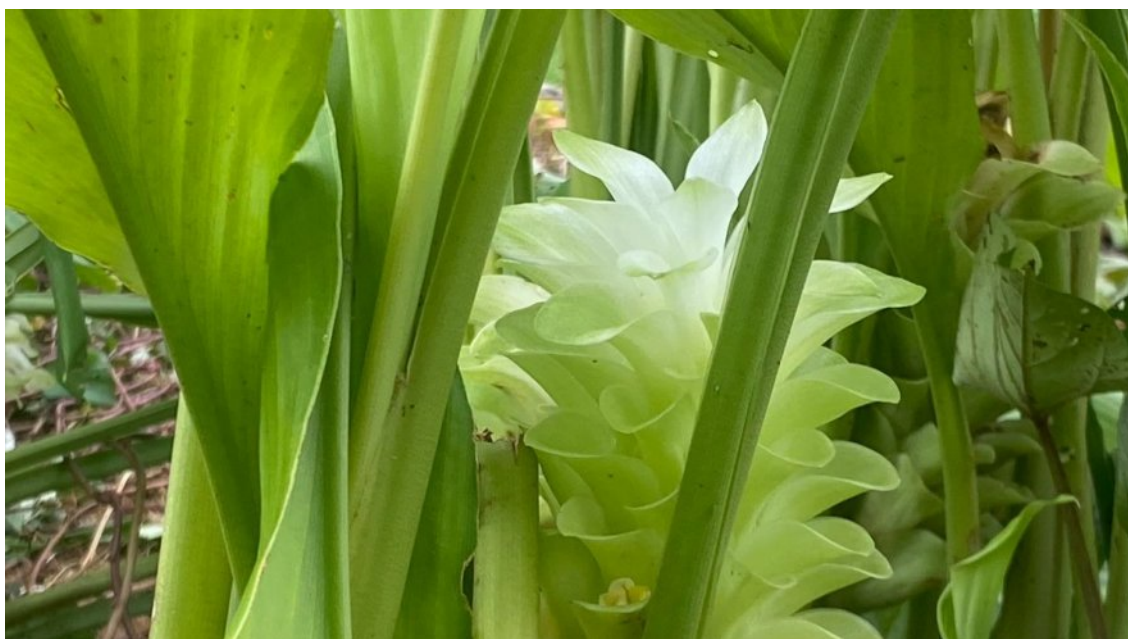
Bellinggen Spring Plant Fair

This popular biannual event comes alive in Spring and Autumn every year and showcases over 100 diverse plant stalls, along with valuable workshops.

Landcare, Bellinghen Seed Savers, Northbank Community Garden, Bellinghen Environment Centre and Biodynamic Agriculture Australia will be there to answer all our questions.

It's a good reason to make a trip to beautiful Bellinghen

For more information please go to <https://bellinghenplantfair.org/>



Thanks for reading our newsletter

Don't hesitate to contact the office, open Mondays and Tuesdays 9am-3pm, and Thursdays 9am-12.30pm.

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Please help us spread the good word by [LIKING](#) and [FOLLOWING](#) our [Facebook and Instagram page](#), where we share updates and good information.

[visit our webpage](#)



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