



NOVEMBER 2022



Welcome

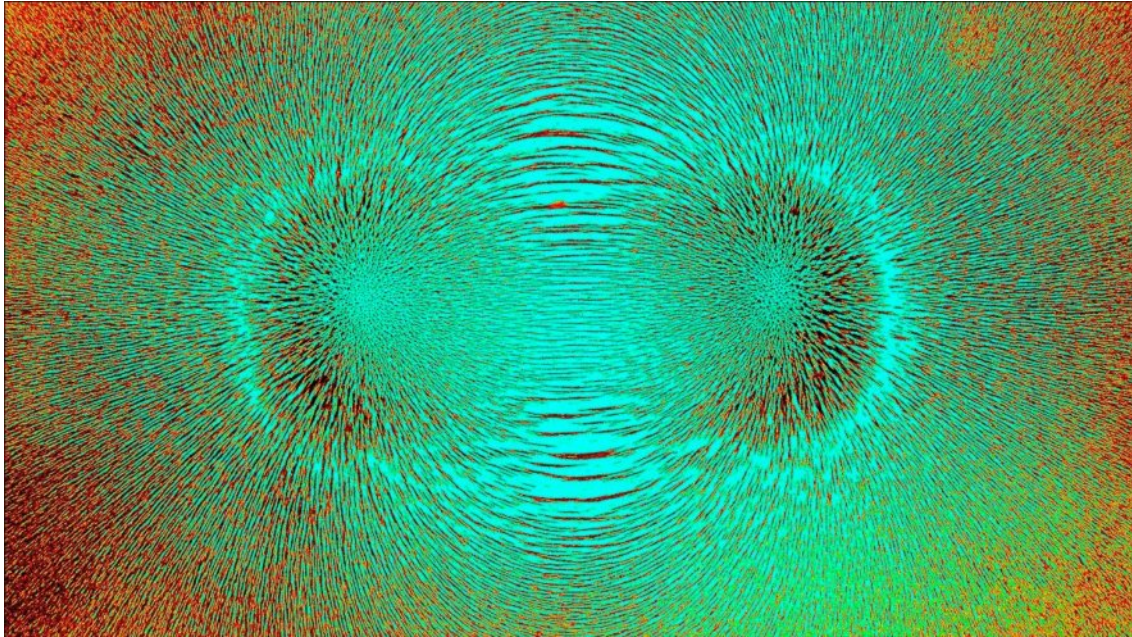
We are always on the lookout for words to lift the spirit, especially when one despairs at the inhumanity of man towards his own species, we found some from Reinventing Progress, by Charles Eisenstein.

"Life and Earth are sacred. All resources of the Earth are meant for sacred use. When we use them, we can ask whether this will contribute to more beauty, more love, more wonder, and more life."

While meaningful labour is necessary for human well-being, technology should seek to extend the creative powers of meaningful labour, not replace it."

We hope you have an uplifted and meaningful November.

Kaz and John



The case for paramagnetism:
biodynamics could save the world –
with a little help from energy towers and
paramagnetic rock dusts.

John Hodgkinson

Since reading *Paramagnetism* by Philip Callahan and *Secrets of the Soil* by Tompkins and Bird many years ago, I have relentlessly advocated the application of "paramagnetics" to gardening, farming, and human health and wellbeing.

I installed an energy tower on my Dorrigo permaculture/organic property in the mid 1990s, filling it with a mixture of magnetite (ferromagnetic) and serpentinite (highly paramagnetic) and saw pretty much immediate and spectacular plant, animal and plant

responses across the surrounding hectares.

See video here (30 mins)



'FARMER'S GOLD'

The power of poo: Demystifying the manures

So often in Biodynamic agriculture the question arises about which manures to use in the garden and for making the Biodynamic preparations.

In this session we will address 'the power of poo': how to choose the animal manure that best suits specific gardens. By knowing the qualities of each manure we can decide when and where to use each: ie. cow, horse, sheep, chicken, bat or kangaroo.

The nourishing 'green manure' is also an added benefit to our regenerative agriculture practices.

As part of this rich discussion we will learn about the qualities of nitrogen, silica, phosphorus, calcium, potassium for growing strong, nourishing and disease resistant vegetables, herbs and flowers.



Sandra obtained her Masters in Steiner Education and Certification of Biodynamic Agriculture in Chestnut Ridge, New York. Her Bachelor of Child Study Degree and Drama therapy Certification also inform the Pedagogical work she is known for internationally. Sandra is a passionate connector of people of all ages with nature and the domestic arts locally and internationally. Sandra's workshops are popular for their wisdom, skill development and fun.

Thursday Nov 3rd 7.30pm AEST on Zoom
Bookings <https://events.humanitix.com/farmer-s-gold>

Click on the poster above to go to the webpage. thanks



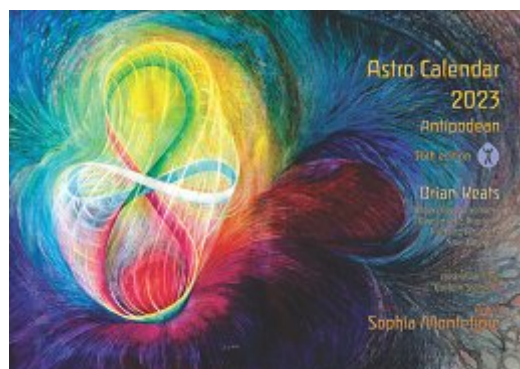
Useful moon spraying dates for November 2022

We recommend you spray out horn manure (500) and Soil Activator (SA) or Liquid Soil Activator (LSA) later in the afternoon when the earth is breathing in and spray horn silica (501) the next morning (or close to) when the earth is breathing out, well before the sun rises so as to not burn your foliage.

Moon descending - The recommended time to spray 500, Soil Activator or LSA is when the Moon's influence is working below the soil surface - the best dates are: 27 November to 9 December

Moon ascending - The recommended soil spraying time for horn silica (501) is when the Moon's influence is working above the soil surface - the best dates are 14 to 26 November.

[Click here to read more about planting guidelines](#)



Astro calendar 2023

Get your copy of the 2023 Astro Calendar by Brian Keats.

At \$40 it's a valuable resource.

[Read more](#)



Food as medicine

Michael Greger, M.D. | TEDxSedona

According to the Global Burden of Disease study (the largest study of disease risk factors in history; funded by the Bill and Melinda Gates Foundation) the #1 cause of both death and disability in the United States is our diet. Cigarettes now only kill about a half million Americans every year, whereas our diet appears to kill hundreds of thousands more. The good news is that means we have tremendous power over our health destiny and longevity.

[Read more.....](#)



Strong Antarctic polar vortex adds to south-east Australian rainfall and flood risk, BOM says

ABC News, 23 October 2022

A band of high-altitude winds that's surrounding Antarctica, known as the stratospheric polar vortex, is adding to the risk of increased rainfall in Australia's south-east this spring, according to the Bureau of Meteorology (BOM).

"The polar vortex is currently forecast to be stronger and colder than normal," said Andrew Marshall, a senior climate researcher at the BOM.

Read more....



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- soil, compost and atmospheric enhancers
- comes with detailed instructions

Great gift for Christmas

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Biodynamic Liquid Soil Activator (LSA)

A potent living biodynamic soil spray that brings a healthy balance to the soil.
Contains biodynamic preparations: (500-508)
No stirring required – just dilute and apply.

USES

Broadacre

- pastures and crops, as both a soil and foliar spray
- via stock – pour into water troughs at recommended dilution so that stock can spread over large and/or inaccessible areas

Gardens and Market Gardens

- as a soil spray prior to planting seedlings
- for vegetable gardens, flower beds and pot plants
- for green manure crops to aid breakdown when turned-in
- as a seed bath or root dip before transplanting
- add to liquid fertilisers such as biodynamic fish or seaweed concentrate
- add to water used in compost making
- add to septic tanks and composting toilets to cancel odours and improve microbial breakdown
- add to watering can and sprinkler over worm farm or home composting container

DILUTION [dilution ratio: 1:100]
1 litre LSA in 100 litres water is sufficient for 3ha
330ml LSA in 33 litres water is sufficient for 1ha
100ml LSA in 10 litres water is sufficient for 3000m²
30ml LSA in 3 litres water is sufficient for 1000m² (quarter acre)

METHOD
Shake LSA container, then add appropriate volume for the correct dilution, into sprayer/ spray tank water. Fish/seaweed products can be added at the same time and sprayed out together with LSA. Spray out in droplets for soil spray; mist for foliar spray. It is best to spray after about 3pm or after the heat of the day has subsided.

FREQUENCY
Spray out monthly but at least twice a year at active growing times, especially after rain or during drought.

STORAGE
Store in a cool dry dark place as far away as possible from electrical fields and appliances.



Biodynamic Agriculture Australia Ltd
Order online: www.biodynamics.net.au

Biodynamic Compost Enhancer Kit

**For use in
compost heaps and
bins, liquid manures
and worm farms.**



enriching soil for
healthy plants

preparations & practices, working with
nature & the stars



Membership

Thank you for subscribing to our free *Between the Leaves*.

Our aim is to encourage and inspire you further in biodynamics.

Most have busy lives, and there is a need for motivation and support along with quality biodynamic preparations and products so we make preparations and give advice and support where needed. As a member you receive:

- Reduced costs on products and workshops
- Quarterly *News Leaf* journal packed with valuable information

- Biodynamic Handbook
- Sample of Biodynamic Soil Activator with instructions
- Encouragement, direction and support

Our next *News Leaf* comes out early Summer (December), so come on board and start getting your copy.

If your membership has lapsed, simply log into your account on our webpage and go to "subscriptions" to update.

We value your ongoing support and membership. It helps us create, share and promote everything biodynamics. Your membership supports our not-for-profit organisation in making and sourcing products, so you can have optimal soil health and grow highly nutritious and delicious food.

[read more...](#)



Thanks for reading our newsletter

We are always keen to hear from you so don't hesitate to make contact. We love hearing your biodynamic and organic stories as does our readership.

Office Hours: Mon-Tues 9am-3pm & Thurs 9am-12.30pm
02 6655 0566 bdoffice@biodynamics.net.au

Email John or Kaz: bdnewsleaf@biodynamics.net.au

Help spread the good word by sharing our newsletter with friends and family. **LIKE** and **FOLLOW** us on Facebook and Instagram

visit our webpage



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