

DECEMBER 2022



Hello everyone,

The four most frequently asked questions about biodynamics are:

What is biodynamics?

What are the preparations?

What are the best lunar and seasonal times to make and put out preparations?

What is humus?

The first three are answered in our Biodynamic Handbook and the Antipodean Astro Calendar.

The last, however, is difficult to answer simply, because it is more a

process than a substance, yet it is substantial, and of utmost importance to natural/organic soil fertility. According to most recent knowledge, humus is a biological performance.

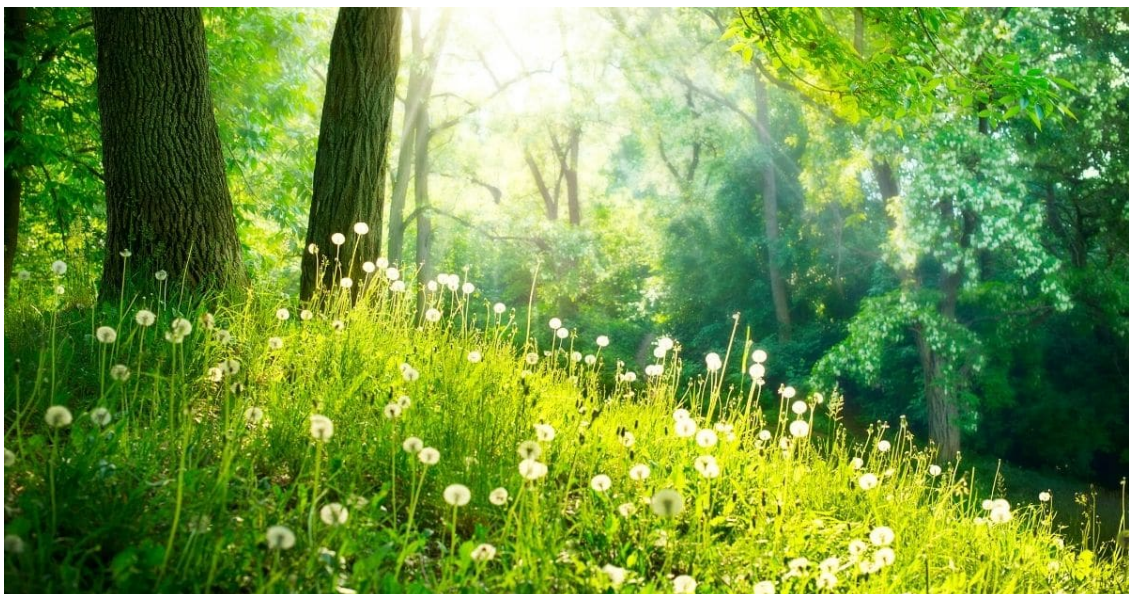
According to Erhard Henning in his book *Secrets of Fertile Soils: Humus as the Guardian of the Fundamentals of Natural Life*, cultivated soils with a 2% humus content are today considered high-quality farmland. Only approximately 30cm of humus-containing soil is available over the Earth's arable land to provide nutrition to all human life.

This so-called 'humus content' of soil in its optimum form actually occurs in combination with clay and is known as the clay-humus complex. In this form, different nutrients derived from organic matter and soil microorganism decay are bound together with clay minerals through absorption processes. Clay infused with humus colloids bearing an electronegative charge is available for plant root uptake in the presence of soil water. Nutrients are only given to the plant if they are required, so an overdose is impossible, in contrast to situations of artificial fertilizer application.

Knowledge such as this is all very fine, but the best we can do to promote humus formation is to keep our soils growing plants at all times and minimise or avoid tillage.

We wish you all a happy and humus-aware Christmas.

Kaz and John



Cooperation with the Nature Spirits

Man cannot grow unless he learns to understand his oneness with his world, with us. The necessary step for man is to draw out his nature heritage from his past being and elevate it. He will not become a deva or an elemental but something far greater, something that will release us and show us a new promise and a new path of growth. Our evolution and yours depends on it. That is why we cannot cater to your desires or simply be your servants, for then there is little incentive for you to really understand us and yourselves. If we see you manipulate and mutilate our plants, as you and most gardeners have been doing, in order to force them to meet your human-conceived requirements and images of perfection, ignoring their inherent divine perfection and doing nothing to help us encourage its unfoldment, then how can we blend with you? How can we achieve our joint destinies? Man is not our superior; we are not his superiors. We are lovers. We must become ONE if these new creative energies are to be utilised properly and not allowed to become destructive. We yearn for this oneness, but it must go beyond simple cooperation. Before anything is done in the garden, it must be considered from our point of view.



Astro Calendar 2023

Get your copy of the 2023 Astro Calendar by Brian Keats.

At \$40 it's a valuable resource.

[Click here to read more](#)

Interpreting Keats' Antipodean Astro Calendar – additional guidelines

John Hodgkinson

1. When to apply soil and atmospheric sprays

- apply biodynamic soil sprays (500, Soil Activator, Combined Soil

Activator, Manure Concentrate, Winter Horn Clay, Fermented 508) on
DESCENDING MOON.

[click here to read more....](#)



*“Our highest endeavor must be to develop free human beings
who are able of themselves to impart
purpose and direction to their lives.*

*The need for imagination, a sense of truth,
and a feeling of responsibility
— these three forces are the very nerve of education.”*

Rudolf Steiner



Biodynamic gardening with children • Horsetail to the rescue
• Animal Welfare: our priority as an essential part of biodynamic farming
• Biodynamic agriculture as a key factor for transformation processes
Cover cropping • Growing beans • Biodynamic practices adding at SA wineries
Butchers Creek beef producers reap the rewards of going against the grain
Mycorrhizal fungi and climate change • Companion planting

Our full coloured, glossy *NEWS LEAF* journal for Summer 2022 contains 64 pages of interesting biodynamic stories and beneficial information. It goes out to members early December.

Become a member and get your copy, along with reduced prices on products/workshops, and phone/email support when needed.

If your membership has lapsed, we hope you can return and it's simple to renew on our webpage via your account.

We value and need your support so we can support you and many others, and continue to share the good word and action of BIODYNAMICS; simple practices bringing vitality to the soil, plants and environment.

For more information please go to our webpage.

<https://biodynamics.net.au/>

Stay True

Fence stays

- Fireproof
- No digging required
- Installs in under 5 minutes
- reusable

\$120 each. Shipping prices Australia wide

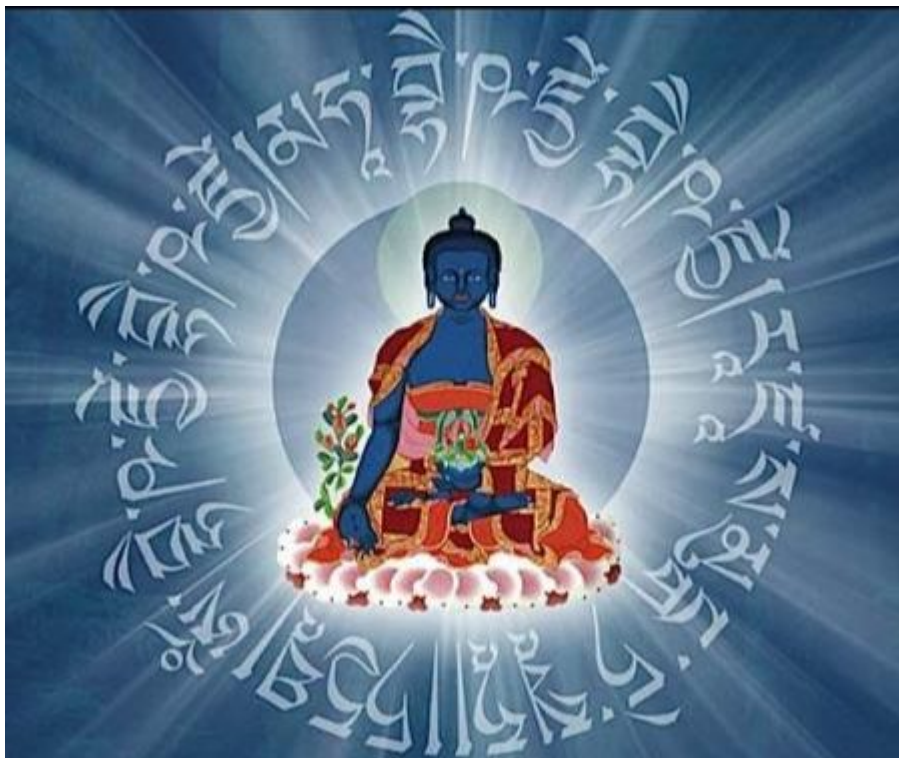
On application.

Contact Riley on

0490 326 084

staytruesupplies@gmail.com

A young entrepreneur is making fencing stays and we would like to support him with his positive initiative. Hope you can too. See information above.



Cast a spell over your Christmas dinner

*Oh Devi,
please accept my chattering as mantra,
my movement as mudra,
my meandering as pilgrimage,
my food and drink as oblation (offering to God),
my lying down as prostration,
my play as ceaseless worship,
and my happiness as the offering of my soul unto you.*



**Need to remove
rats from your garden?
Nutgrass annoying you?
Cane toads taking over?**

Have you tried
Biodynamic Peppers?

Biodynamic Peppers are
non-toxic and environmentally friendly.

Why not try our
**Rat Rid • Mouse Move-on
Possum Purge • Nutgrass Not-here
or Cane Toad Take-Down**
to control these unwelcome
pests and weeds in your garden?

50ml bottles available to control:
Rats; Mice; Cane Toads; Possums; Oxalis;
Wandering Jew; Singapore Daisy;
Nutgrass and many more!

Your problem NOT on the list?

Peppers also made to order!

Contact Rohanne to discuss.

From \$30 for ready-made peppers.

To order:

Rohanne Young on 0418983203

or email:

r.young@thedelectablegarden.com.au

**[https://thedelectablegarden.com.au/
biodynamic-peppers/](https://thedelectablegarden.com.au/biodynamic-peppers/)**



Membership

Thank you for subscribing to our FREE *Between the Leaves*.

We are on a mission to encourage and inspire you further in biodynamics. We all have a busy life and there is a need for continual motivation and support along with quality biodynamic preparations and products. We're keen to share our knowledge and hope you will pass it onto others.

As a member you receive:

- *Reduced costs on products and workshops*
- *Quarterly News Leaf journal packed with valuable information*
- *Biodynamic Handbook - easy to use and understand*
- *Sample of Biodynamic Soil Activator with instructions*
- *Encouragement, motivation, guidance and support*

If your membership has lapsed, if you can, please come back to us. It's easy to renew, just log into your account on our webpage, and use the prompts to update, alternatively ring our office and we will can you.

We value and need your support and membership. It helps us create, share and promote everything biodynamics. Your membership supports our not-for-profit organisation in sourcing and making preparations and products, sharing information and spreading the good word and action on how to work with nature to have vitalised soil and grow nutritious and delicious food.

[read more...](#)



Why not give biodynamics for Christmas?

What better way to introduce family and friends to biodynamics and to help them vitalise the soil by giving a biodynamics Christmas present?

There are many valuable products to choose from and it will make a positive difference to their garden and farm.

Why not consider giving a garden membership for Christmas?

Check out some of our products and click on tab below to view more.

membership gift

view products

The advertisement for the Home Garden Kit features a photograph of a silver bucket filled with various gardening tools and a small potted plant with red flowers. The text is set against a light green background with a subtle snowflake pattern.

Home Garden Kit
Contains:
soil, compost and atmospheric enhancers
comes with detailed instructions
Great gift for Christmas
Shop on line: www.biodynamics.net.au

The advertisement for the Biodynamic Compost Enhancer Kit has a green gradient background with a small plant growing from soil at the bottom. The text is in a bold, dark red font.

**Biodynamic
Compost
Enhancer Kit**

for use in
compost heaps and
bins, liquid manures
and worm farms

 Biodynamic Agriculture Australia Ltd
www.biodynamics.net.au

The advertisement for the Biodynamic Soil Activator features a green gradient background with a small plant growing from soil at the bottom. The text is in a bold, dark red font.

**Biodynamic
Soil Activator**

• a wonderful way to boost your garden, market garden, vineyard, orchard or farm
• particularly effective at remediating severely degraded or out-of-balance soil
• can be sprayed out monthly, but at least twice a year at active growing times, especially during drought

Also available as *Liquid Soil Activator*, which is pre-potentialised requiring no stirring, only dilution.

 Biodynamic Agriculture Australia Ltd
www.biodynamics.net.au



CHRISTMAS TRADING

Biodynamic Agriculture Australia

wishes you a merry Christmas and fabulous new year.

Happy holidays and biodynamic farming and gardening.

Our office will be closed from Tuesday 20 December and will
reopen on Monday 16 January 2023.

Please place your orders EARLY DECEMBER
to allow for a busy delivery period as
Australia Post warn of delays over this time.



Thanks for reading our newsletter

We are always keen to hear your stories, challenges and successes,
as does our readership. We are on a biodynamic journey together

and shared experiences are invaluable, so let us know your story.

Office Hours: Mon-Tues 9am-3pm & Thurs 9am-12.30pm

02 6655 0566 bdoffice@biodynamics.net.au

Email John or Kaz: bdnewsleaf@biodynamics.net.au

Help spread the good word by sharing our newsletter with friends and family and please [LIKE](#) and [FOLLOW](#) us on [Facebook](#) and [Instagram](#)

visit [webpage](#)

*Have a happy, healthy and peaceful
biodynamic Christmas and New Year.*



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ABN: 42 588 901 426

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