



DECEMBER 2025

Hello everyone,

Because you love *Between the Leaves*, have you considered subscribing to *News Leaf* (our quarterly journal), if you don't already?

Don't take it from us.....

"Of all the gardening, farming, environmental and lifestyle magazines I have encountered over my adult life, News Leaf is by far the best. Australia is blessed to have such an informative and entertaining source of wisdom and knowledge, as well as practical advice on maximizing food quality and sustainable production."

Many thanks, Andy Dale, Mt Gambier.

Delivered March, June, September, and December, *News Leaf* offers rich insights, practical guidance, and a deeper connection to the biodynamic community. At just \$48 a year, this is one of the most impactful ways you can support our not-for-profit organisation dedicated to regenerating our soils and nourishing our bodies.

Here is a complimentary copy. Click on the below link to view:

<https://online.flippingbook.com/view/189050066/>

Kaz and John



Everyone at Biodynamic Agriculture Australia wish you a most joyful and peaceful festive season and New Year.

Don't forget to get your orders in **SOON** to avoid the festive season mail rush!

GIVE BIODYNAMICS

We have a large range of biodynamic products that would make excellent

gifts for a friend or loved one. What is a better than helping soil and
plants thrive!

Festive season gift ideas

*Consider giving biodynamics
as a gift this year for someone
you love.*

Biodynamic membership

A membership as a gift has many benefits. Not only will you receive our quarterly *News Leaf* journal full to the brim with biodynamic, organic and holistic information and articles, you get great value on all our products.

IE: **Biodynamic Soil Activator 30g**

- Farm Member \$5.85
- Garden Member \$8.15
- Non-member \$12.25

Astro Calendar

A beautifully illustrated and informative calendar showing you what and when to plant.

Home Garden Kit

Contains everything you need to start biodynamically. It contains, compost, soil and atmospheric preparations designed for urban and homestead gardens.

Alternatively consider recommending our free *Between the Leaves (BtL)* newsletter to a family or friend so they too can be abreast of our biodynamic movement. You can subscribe on our webpage.



ceratopetalum gummiifera by Petra Holland from inaturalist.org — CC BY 4.0



Go to our webpage to see more.

www.biodynamics.net.au



Key biodynamic spray dates

DECEMBER 2025

[Note that this strongly vitalising influence is “in orb” for up to 12 hours either side of the opposition time. It is believed that spraying out biodynamic soil preparations (late afternoon) and atmospheric preparations (early morning) back-to-back reinforces the balance between the Moon’s calcium influence and Saturn’s silica influence, giving pasture and crops greater resilience to weather extremes, diseases and pests.]

Moon opposition saturn

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December 12, 4.59pm

Moon descending periods

[This is the recommended/usual soil spraying time, when the Moon's influence is working below the soil surface.]

December 20th – 31st

Moon ascending periods

This is the recommended/usual time to spray out the atmospheric preparations when the Moon's influence is more above the soil.

December 6th – 20th

Sequential spraying dates to encourage rain

[To encourage rain, consider buying a *Rain Plus Kit*. A series of four soil and atmospheric sprays are put out over three successive days when the Moon is in a water sign and preferably near Full Moon.] The best sequential spraying dates for October 2025:

December 8th-10th

Order a Rain Plus Kit in time to spray out on the dates suggested above.

Please allow seven days for postage.

Read more...



Cosmic aspects in biodynamic agriculture

Living Farms - Podcast, Eduardo Rincón and Dennis Klocek, 31.10.25. Shared with thanks.

Co-section leader Eduardo Rincón invites Dennis Klocek to discuss the cosmic interconnections in biodynamic agriculture. Dennis Klocek has been gardening in harmony with the rhythms of nature using the biodynamic method for 40 years. He is co-founder of the Coros Institute, an internationally renowned lecturer, and teacher. He is the author of nine books.

Tune in here!

This episode was produced as part of the online course “Earth – Cosmos – Humus”, offered by the Section for Agriculture. If you’re interested in the course, please contact sarah.sommer@goetheanum.ch.



Purslane

Kate@arealgreenlife. Shared with thanks

Purslane is one of those "weeds" that volunteer themselves right on our doorsteps to provide free, nutritious food far surpassing anything we'll ever find in a supermarket. Its eaten throughout the warm, dry parts of the world, in an endless variety of ways. Living on a farm with lots of animals means lots of nutrient-rich sediment in gateways and laneways. And because we use rotational grazing, the various gateways and laneways get time to recover from being trampled by hoofs -- which means time for communities of plants of all kinds to keep developing, diversifying, and dropping their seeds.

Then the animals come back, graze, trample, stir things around, drop their manure, and move on again -- and the diversification continues.

This morning in a gateway that hasn't had any hoofed animals through in a while, I found a lovely surprise among all the grasses and weeds colonizing the ground in our early tropical summer -- purslane (*Portulaca oleracea*).

The reason that's worth talking about is that purslane ticks all the boxes to be included in my favorite category of food plants -- the kinds that some people call "weeds," and others call "nutritious and medicinal herbs."

The purslane plants I found this morning would have germinated from seed that somehow arrived at our old dairy shed from who-knows where, then were washed down a shallow incline to the gateway at the bottom where they took advantage of the clear space left behind by the trampling of hoofed animals.

This morning I noticed them when I was about to open the gateway to allow cattle through. I left the cattle where they were and took the time to rescue some of these precious purslane plants from the soon-to-be trampled gateway, and bring them to the garden. Yay!

[Read more....](#)



Biodynamics and youth

A super big thanks to Sandra Frain, Steiner Educator, for helping share the biodynamic beauty and benefits, especially with our younger generation at Periwinkle School.

For some time, our preschool garden and composting system had been inactive, leaving the children with limited opportunities to engage in sustainable practices and nature-based learning. Recognising this, the educators sought guidance from Sandra, a teacher in biodynamic agriculture and one of Periwinkles' guardians.

We were so fortunate to have Sandra visit Periwinkle to share her deep knowledge in Biodynamic gardening. She introduced us to the idea of the garden as a living organism that exists in harmony with the earth's rhythms. She helped us understand composting not simply as waste management, but as a living, breathing process; a transformation of organic matter into nourishment for the soil and plants.

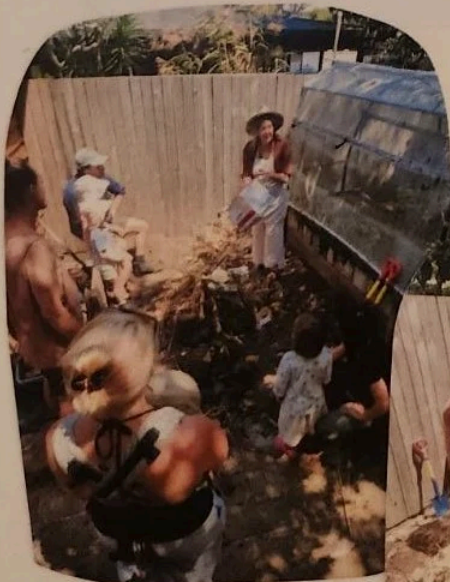
Through Sandra's teachings, we also explored how biodynamics aligns with early childhood development and our Steiner pedagogy. In particular, the recognition of the etheric realm; the life forces that flow through all living things. This understanding invited us to see the compost not as a pile of scraps, but as an organism that supports growth, transformation, and renewal.

Everyone took a very hands on approach – with some sourcing sticks and dried leaves and others getting their hands deep in cow manure! We began building the compost layers, adding organic materials, and the 6 biodynamic preparations.

Sandra then took us through the stirring process - an act of energetic transformation and connection between the person, the water, and the living forces of the earth and cosmos. We diluted horn silica in a bucket of water and stirred using our arms – everyone had a turn! This was a fun and exciting time for the children who enjoyed the chaos whilst creating the vortex!

We closed our time together with gratitude – describing how this process made us feel. We left reflecting with a sense of wonder and anticipation – feeling proud of our efforts to start this transformation process.

It will be ready to use in 6 weeks time.



NCS 6.2.3
3.2.1



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