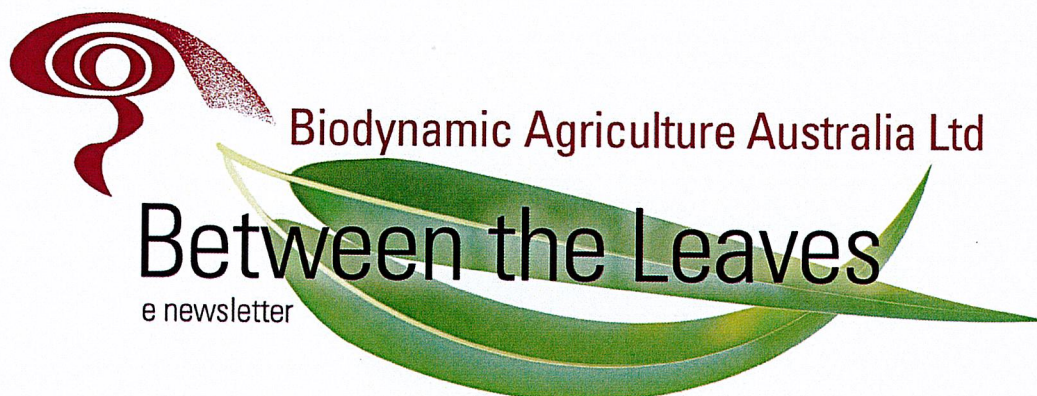


Between the Leaves, the monthly newsletter from  
Biodynamic Agriculture Australia

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## FEBRUARY 2023



Hello Everyone,

We can only hope and pray you are managing to get through whatever the weather extreme has been occurring lately. There are few places Australia-wide that have had benign (normal?) weather since our last BtL.

The challenge of extreme weather is firstly to ensure your soil is carbonised to the hilt beforehand, and covered in some form, preferably by living plants. After the "event", whether fire or flood, it's all about recovery. The biodynamic first aid of greatest importance is getting out the soil preparation of your choice, but preferably our Biodynamic Soil Activator. Call this "soil preparation remediation!"



All the best for February and March.

John & Kaz



## The low and high octaves of biodynamics

**John Hodgkinson**

On a mundane level, biodynamics is relatively straightforward, and its practical challenges are fairly easily met.

The single, most important challenge from this angle is actually “doing” (carrying out) Steiner’s agricultural indications, AND keeping this up over time.

[click here to read more.....](#)





### Astro Calendar 2023

With beautiful graphics and loaded with useful information, Brian Keats' Astro Calendar gives you the heads up of when and what to plant. Get your copy for \$40 available on our website.

[click here to learn how to use the calendar](#)

[click here to purchase your copy](#)

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## The idea of biodynamics



## John Hodgkinson

At Biodynamic Agriculture Australia we often wonder what can be done to increase the uptake of biodynamics across gardening and farming. The first requirement is an understanding of the biodynamic process and how to apply it sensibly to your land or garden.

While biodynamic "stimulation" is comparatively easy to apply over small areas, putting out the preparations over larger areas involves a scaling up of equipment, energy and time...yet spectacularly modest amounts of the preparations.

The first principle of biodynamics is a mindset which embraces the concept of humans nurturing the living realm with natural catalysts full of cosmic energy - the so-called preparations.

Biodynamic practice is based on the notion of minuscule yet immensely potent inputs having a powerful influence over disproportionately large areas. While this appears far-fetched to many of a scientific bent, it nevertheless works brilliantly in practice.

The extended vortical stirring in large volumes of water "messages" each water molecule with the essence of the preparation. This process we call "potentising", and is followed by spraying out within a limited timeframe.

The key word defining the biodynamic influence is "potent".

Spread the word...

Good growing!





## How to connect with nature spirits

The spirits of nature are always around us.

You've probably sensed their presence on occasion.

A tingling in your spine,

a breeze that you just knew had a message for you.

A stone with a face so clear it could not be ignored.

It is absolutely possible to drop into deeper communication  
with nature spirits.

All it takes is a heartfelt intention, patience, and practice.

Do you want to start communicating with the spirits of nature?

Here are five steps to get started.

[click here to find out how](#)





## A biodynamic inspired journey

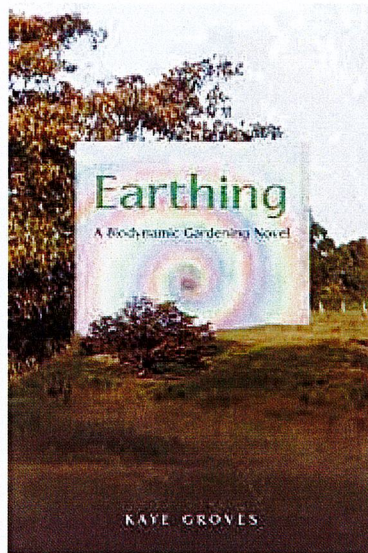
**Kaz Selbie**

I love spontaneity. Some say it's the Gemini in me, but I think it has more to do with living in my now and doing what my heart compels.

Recently I had the opportunity to get away so visited a few biodynamic and organic properties on the far north coast of NSW. After being involved with producing *News Leaf* and *Between the Leaves* for the last three years, I was keen to see biodynamics in action and introduce the beneficial practice to organic growers. Loaded up with a box of biodynamic resources and Soil Activator samples, off I went.

[click here to read more](#)





## BOOK REVIEW

by John Hodgkinson

### Earthing: a Biodynamic Gardening Novel by Kaye Groves

I had trouble putting down this intriguing, unpretentious book, and read it in three sessions over two days. At first I found it troubling that the biodynamic detail seemed to break up and interrupt the narrative. After a while, however, I found myself accepting her technique and was much more interested in comparing her obvious knowledge of biodynamics with my own.

Did I correctly note some uncanny pointers to her having read News Leaf over the last 10 years, a journal of which I've been Editor and contributed over that time?

Kaye has certainly devised a gripping plot, and her credible characters are clearly drawn. I found myself really caring about their issues and interactions. The fast-paced narrative is enhanced by short and well defined chapters.

I am confident that every committed biodynamic practitioner will love this book.

Thank you Kaye.

If you would like a copy of Kaye's book it can be purchased via the following link: <https://www.amazon.com.au/Earthing-Biodynamic-Gardening-Kaye-Groves/dp/1504318455> or buy directly from Kaye - [pkayegroves@gmail.com](mailto:pkayegroves@gmail.com)



## Need to remove rats from your garden? Nutgrass annoying you? Cane toads taking over?

*Have you tried Biodynamic Peppers?*

Biodynamic Peppers are non-toxic and environmentally friendly.

Why not try our Rat Rid, Mouse Move-on, Possum Purge, Nutgrass Not-here or Cane Toad Take-Down to control these unwelcome pests and weeds in your garden?

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Email: [r.young@thedelectablegarden.com.au](mailto:r.young@thedelectablegarden.com.au)

<https://thedelectablegarden.com.au/biodynamic-peppers/>

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Cane Toads;

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Oxalis;

Wandering Jew;

Singapore Daisy;

Nutgrass and many more!

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Contact Rohanne to discuss

From \$30 for ready-made peppers



## Want to become a member?

Thank you for subscribing to our *Between the Leaves Newsletter*.

We are on a mission to encourage and inspire you further in biodynamics. We all have busy lives and there is a need for inspiration and support. We are keen to share our knowledge and hope you will pass it on to others.

As a member you receive:

- *Reduced costs on products and workshops.*
- *[Click here to view our many products](#)*
- *Quarterly News Leaf glossy coloured journal full of great stories, articles and other valuable information*
- *Biodynamic Handbook - everything you need to know to get started*



- *Sample of Biodynamic Soil Activator with instructions*
- *Encouragement, motivation, guidance and support*

If your membership has lapsed, we would love to see you back with us and it is easy to renew. Log into your account and click on "subscriptions" and follow the prompts to update, or ring our office.

Your membership helps us to create, share and promote everything biodynamic. It supports our not-for-profit organisation in making preparations and products, holding workshops, sharing information and spreading the good word and action. We hope to hear from you.

**become a member**

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## Thanks for reading our newsletter

We hope you enjoyed.

We are always keen to hear your stories, challenges and successes, as does our readership. We are on this biodynamic journey together and shared experiences are invaluable, so don't be shy and send in your stories.

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Help spread the good word by sharing our newsletter with friends and family and please **LIKE and FOLLOW us on Facebook and Instagram**



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