



OCTOBER 2026

Hello everyone,

How to address you all in such a weather-diverse season? A land of simultaneous drought and good rainfall across Australia makes it difficult!

We hope spring has set in vigorously for your gardens and farms, even if governed as she always is by soil moisture.

Despite the dire predictions of a super el Nino, keep in mind that the coincidentally favourable Indian Ocean Dipole will probably have a strong moderating effect on the current el Nino, a Pacific Ocean phenomenon.

In such a season as this, and the summer following, it is a good idea to consider helping to balance Nature's extremes (confusion?) by applying biodynamic preparations to some or all of your property. Anecdotally, the soil and atmospheric preparations exert subtle weather influences wherever they are put out, short of applying our *Biodynamic Rain Plus Sequential Spray Kit*.

Spraying out the soil spray of Biodynamic Soil Activator (night before) followed by the atmospheric spray Biodynamic Horn Silica (501) (morning after), both available in liquid forms - no stirring!), at side of Moon opposition Saturn (10th Oct and 6th Nov) is extremely good for your soil and plants, and also invites a favourable weather outcome.

Remember that serendipity is a close associate of intent, so make a plan.

Good growing,



OCTOBER 2026

Key biodynamic spray dates

Moon descending

[This is the recommended/usual soil spraying time, when the Moon's influence is working below the soil surface.]

October 17th – 29th

Moon ascending

October 3rd – 16th & October 29th – 31st

Moon opposition Saturn

October 10th, 1.53pm

Sequential spraying dates to encourage rain

In case of a prolonged dry spell try a sequential spray when the Moon is in a water sign and preferably near Full Moon.

October 23rd – 26th

[To encourage rain, consider an application of the **Biodynamic Rain Plus Sequential Spray Kit**. A series of four soil and atmospheric sprays are put out over three successive days when the Moon is in a water sign and preferably near Full Moon.]

Order your preparation purchases in plenty of time to allow for delivery and please allow seven days for postage.

For more information on spray dates **[click here](#)**.



Biodynamic preparedness

Why “biodynamic preparations” matter! Life rewards those who prepare. Before the season gathers pace, biodynamics invites us to pause, plan, and work with intention. That is why Rudolf Steiner’s choice of the word “preparations” is so fitting: in biodynamics, the most important inputs are not simply products to be applied, but substances that have first been carefully prepared and transformed.

Steiner used the word “preparations” because these natural substances are intentionally processed before they are returned to the earth. They are not added as raw ingredients and expected to work on their own. Instead, they are transformed through specific methods designed to bring out their biodynamic effect.

- Not ordinary fertilisers: Biodynamic preparations are not designed to act like conventional chemical or organic fertilisers. Their role is not mainly to supply nutrients, such as nitrogen, or large quantities of organic matter. They work in a different way. They activate and enhance natural processes.
- A catalyst for life in the soil: Rather than feeding the soil directly, the preparations are understood to help soil and compost become more receptive, balanced, and alive. In biodynamic thinking, they support the farm’s connection with both earthly processes and wider cosmic rhythms.

- Transformed with purpose: Ingredients such as medicinal herbs, cow manure, or finely ground quartz are guided through a deliberate process of transformation. They may be placed in vessels such as a cow horn, deer skull, or cow mesentery, then buried for a particular season so they can mature before use.
 - Small doses, subtle influence: Because the preparations are used in very small amounts, biodynamics views them as stimulants rather than forceful inputs. Their purpose is to encourage the farm to function as a living, self-sustaining organism. As spring approaches, now is the time to put the preparations out, stir intention into the season, and give your land its best possible start.
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The advertisement features a light green background with a subtle gradient. At the bottom, there is a photograph of three small green seedlings growing out of dark brown soil. The text is centered and uses a mix of bold and regular fonts. The title is in a large, bold, dark red font. The bullet points are in a bold black font. The additional information is in a regular black font. The logo is a stylized white eye with a spiral, located in the bottom left corner of the text area. The company name and website are in a regular black font at the bottom right of the text area.

Biodynamic Soil Activator

- a wonderful way to boost your garden, market garden, vineyard, orchard or farm
- particularly effective at remediating severely degraded or out-of-balance soil
- can be sprayed out monthly, but at least twice a year at active growing times, especially during drought

Also available as ***Liquid Soil Activator***, which is pre-potentised requiring no stirring, only dilution.



Biodynamic Agriculture Australia Ltd
www.biodynamics.net.au

Biodynamic Liquid Soil Activator (LSA)

A potent living biodynamic soil spray that brings a healthy balance to the soil.
Contains biodynamic preparations: (500–508)
No stirring required – just dilute and apply.

USES

Broadacre

- pastures and crops, as both a soil and foliar spray
- via stock – pour into water troughs at recommended dilution so that stock can spread over large and/or inaccessible areas

Gardens and Market Gardens

- as a soil spray prior to planting seedlings
- for vegetable gardens, flower beds and pot plants
- for green manure crops to aid breakdown when turned-in
- as a seed bath or root dip before transplanting
- add to liquid fertilisers such as biodynamic fish or seaweed concentrate
- add to water used in compost making
- add to septic tanks and composting toilets to cancel odours and improve microbial breakdown
- add to watering can and sprinkled over worm farm or home composting container.

DILUTION

[dilution ratio: 1:100]

1 litre LSA in 100 litres water is sufficient for 3ha
330ml LSA in 33 litres water is sufficient for 1ha
100ml LSA in 10 litres water is sufficient for 3000m²
30ml LSA in 3 litres water is sufficient for 1000m² (quarter acre)

METHOD

Shake LSA container, then add appropriate volume for the correct dilution, into sprayer/ spray tank water. Fish/seaweed products can be added at the same time and sprayed out together with LSA. Spray out in droplets for soil spray; mist for foliar spray. It is best to spray after about 3pm or after the heat of the day has subsided.

FREQUENCY

Spray out monthly but at least twice a year at active growing times, especially after rain or during drought.

STORAGE

Store in a cool dry dark place as far away as possible from electrical fields and appliances.



Biodynamic Agriculture Australia Ltd

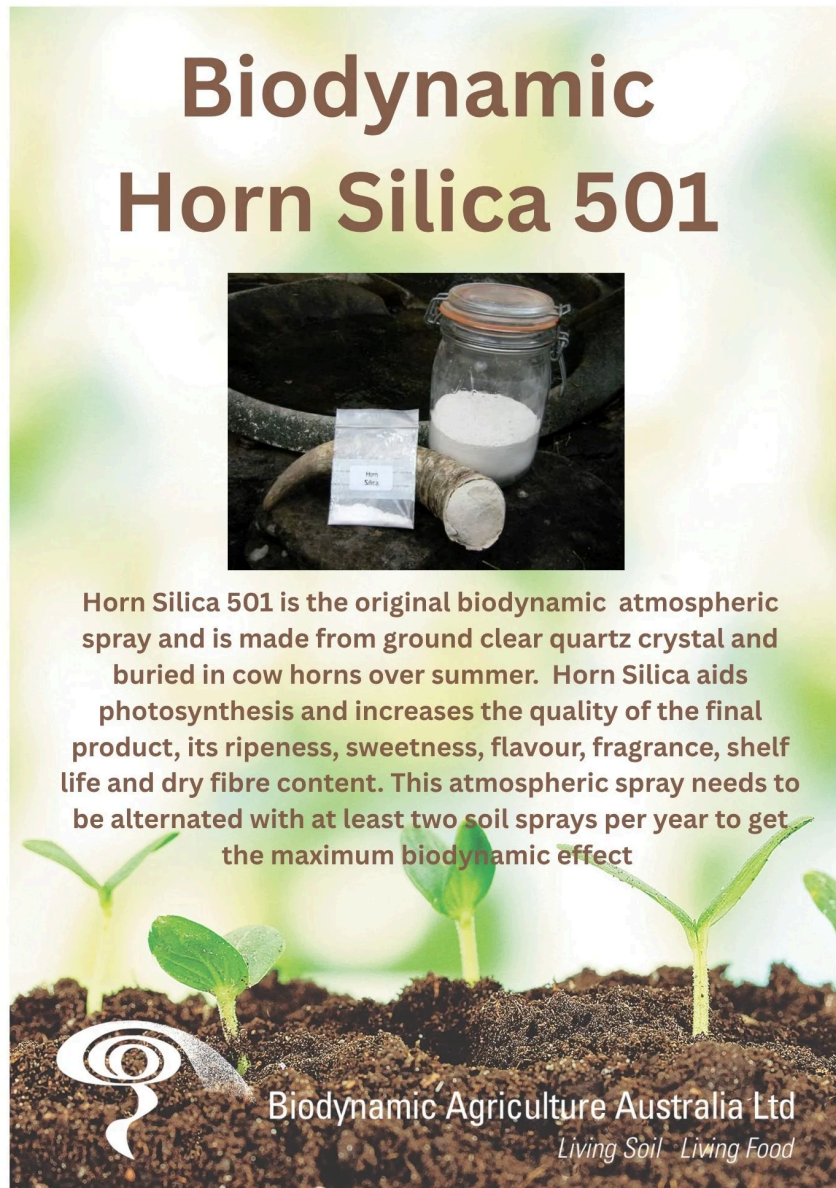
Order online: www.biodynamics.net.au



Some personal Biodynamic Horn Silica (501) atmospheric preparation highlights

Andreas Wursch, Swiss biodynamic preparation maker

- Plants “stretch themselves” when they receive horn silica.
- A hay crop which has received horn silica is more nutritious and is preferred by the animals.
- I can detect greater sweetness and a more intense flavour/taste in fruit and vegetables when horn silica is applied.



The advertisement features a central image of a glass jar filled with white powder, a small packet labeled 'Horn Silica', and a cow horn, all resting on a dark surface. Below this, the text describes the product as the original biodynamic atmospheric spray made from ground clear quartz crystal buried in cow horns over summer. It lists benefits such as aiding photosynthesis, increasing ripeness, sweetness, flavour, fragrance, shelf life, and dry fibre content. It also states that the spray needs to be alternated with at least two soil sprays per year for maximum effect. At the bottom, there is a logo of a stylized 'S' and the text 'Biodynamic Agriculture Australia Ltd' with the tagline 'Living Soil Living Food'.

Biodynamic Horn Silica 501

Horn Silica 501 is the original biodynamic atmospheric spray and is made from ground clear quartz crystal and buried in cow horns over summer. Horn Silica aids photosynthesis and increases the quality of the final product, its ripeness, sweetness, flavour, fragrance, shelf life and dry fibre content. This atmospheric spray needs to be alternated with at least two soil sprays per year to get the maximum biodynamic effect

 Biodynamic Agriculture Australia Ltd
Living Soil Living Food



Biodynamic Liquid Atmospheric Activator (BLAA)

Our zero stirring, pre-potentised Biodynamic Liquid Atmospheric Activator consists of Horn Silica (501), Summer Horn Clay and Equisetum (508).



The Horn Silica (501) increases photosynthesis, root exudation, and dry matter weight, it also reduces insect and disease problems and improves brix and ripening.

The summer horn clay enhances sap flow and the equisetum balances moisture in the atmosphere minimising effects of fungal attack. Best used in a leaf sign (refer to the Astro Calendar) and it can be used on its own prior to harvest and ripening.



We recommend two atmospheric sprays per year in spring and autumn

For best results use with Biodynamic Liquid Soil Activator



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www.biodynamics.net.au

Living Soil Living Food



Trees, Energetics, and Spirituality



Train yourself to see tree auras

John Hodgkinson

Once upon a time a friend casually asked me if I could see tree auras. “No”, said I. She took me to a window overlooking some fairly tall and vigorously growing trees in the mid-distance silhouetted against a clear blue sky. She told me to concentrate on the edges of the tallest and try not to focus directly but look past into space.

After paying full attention with no result for a few minutes it dawned on me to soften and blur my gaze. Then much to my amazement and pleasure I saw it - a distinct yet faint halo surrounding the crown of the tree, of a slightly lighter hue to the sky blue.

Seeing so clearly the life or etheric energy signature of growing plants leaves one in no doubt about the life-force which animates plants.

I have since guided numerous people to switch on this ability and they're all as thrilled as I was to open a portal into a usually unseen realm.



[Biodynamic gardening and the role of flowers in this practice](#)

Thursd.com, 10 September 2025. Reprinted with thanks.

Creating complete living systems, where every plant has a job to do, and attention is paid to celestial rhythms.

Flowers are much more than just beauty and aesthetics. In biodynamic gardens, this notion is evident. In these gardens, they are part of the essential workers, helping create healthy soil, control pests naturally, and support beneficial insects. Essentially, they help the gardens thrive without chemicals while following natural cosmic cycles and rhythms.

The biodynamic model, founded in the 1920s' insights of Rudolf Steiner, an Austrian-born spiritualist, lecturer, and the founder of anthroposophy, views gardens as complete living systems, where every plant has a job to do, and attention is paid to celestial rhythms. As plants themselves, flowers play a crucial role in creating thriving garden ecosystems.

[Read more...](#)



Brown rice batch cooking tips and how to use a perpetual rice starter

Source: *A Real Green Life* blog , 9 Jun 26, with thanks

Why pre-soak or ferment brown rice before cooking?

Whole grains (including rice), seeds, and nuts, are high in minerals like zinc, iron, calcium, and magnesium -- that's one reason why I prefer whole/brown versions of them over "white" versions where the outer bran layer has been removed. (The other benefit of whole/brown vs white is the fiber content.)

But, grains seeds and nuts are all intended by nature to sprout and grow. Accordingly, they defend themselves against being digested in various ways. One of these is the presence of phytic acid.

Phytic acid is a compound found in the outer bran layer of whole/brown grains, seeds, legumes, and nuts. When you eat these foods in their whole/brown state without processing them in some way first, the phytic acid that's in the bran layer along with the minerals binds to them in your digestive tract and renders them indigestible. Then they're carried out of your body along with the fiber, before you can absorb them.

We humans don't make phytase (the enzyme required to break phytic acid down) in our digestive tracts, so soaking/sprouting or fermenting these foods can improve mineral absorption by reducing phytic acid levels.

This study found that fermentation treatments were more effective in decreasing phytic acid (56–96%), than soaking (under 20%).

[Read more...](#)



Flowform for sale

Assembled but never used and been in shed for a couple of years. Owner has sold property so no longer needed.

Assembling the flowform was time-consuming so the hard work has been done for you and it's ready for an interested buyer. Home is Lismore, but delivery can be arranged if you live 250-300km radius.

Asking \$5,000 ONO.

Please contact Nicholas Mace nick.r.mace@gmail.com



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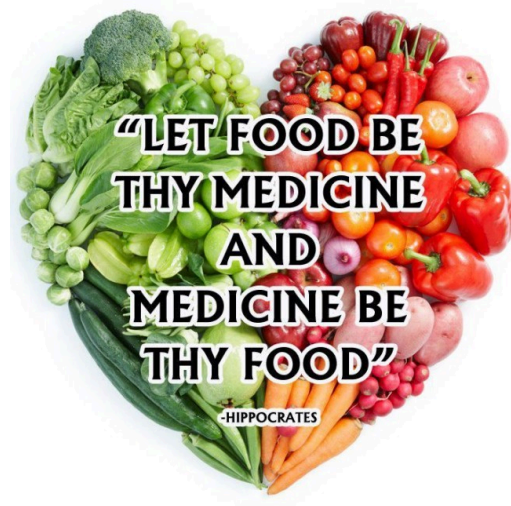



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