Between the Leaves, the monthly newsletter from Biodynamic Agriculture Australia

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Biodynamic Agriculture Australia Ltd

Between the Leaves

e newsletter

SEPTEMBER 2023

Hello everyone,

Probably the most important aspect of Steiner's gifts to agriculture concern the hidden qualities of water, especially its ability to respond to applied energies and how best to utilise them in stimulating soil fertility and the growing of plants.

In the spring edition of News Leaf we have emphasised the importance of structuring the water used to dilute the increasingly popular Liquid Soil Activator (LSA). This is a powerful omnibus of all the eight preps, Winter Horn Clay and other natural ingredients. We now offer this in 100ml bottles, a suitable size for gardens and smaller areas.

Even if one cannot employ a set of flowforms to avoid the detriment of using unstructured diluting water, there is the option of an inline water structuring system such as one of the Phion devices. Powerful magnets and internal vortexing impart a negative charge to the water, erasing its "memories" and making it receptive to the biodynamic messaging of LSA.

See the water structuring/stirring guidance sheet following.

Have fun putting out your spring biodynamic sprays.

Enjoy a delicious cup of good cow espresso !

Kaz and John

What is structured water and why we recommend it?

This is the most important requirement for potentising the soil and atmospheric preparations and for diluting Liquid Soil Activator (LSA). This is that the "good water" must be STRUCTURED, meaning that its memories need to be cancelled or neutralised so that it is receptive to the biodynamic messages contained in the highly energised preparations, as well as their combination, LSA.

read more...

A farmers verse

(Every now and then we should pause and contemplate this gem of Steiner's wisdom...)

Seek the truly practical, material life,

but seek it so that it does not numb you

to the spirit which is active in it.

Seek the spirit, but seek it not in passion for the supersensible

out of super sensible egoism,

but seek it because you want to apply it

selflessly in practical life in the practical world.

Turn to the ancient principle:

Matter is never without spirit, and spirit is never without matter,

in such a way that you say:

"We will do all material things in the light of the spirit,

and we will so seek the light of the spirit that it evokes warmth

for us in our daily practical activities."

I'm in a "preppers" mode

Shane Joyce

Yes now that La Nina, and the wet years are behind us, and all the predictions are for El Nino to take centre stage...I've moved into "a prepare for low rainfall years!"

So what does the proactive biodynamic farmer/gardener do to prepare?

read more...

Hope Australia = Householders' Options to Protect the Environment (HOPE) Inc.

HOPE Inc. is founded on the vision of a society which is **sustainable ecologically, economically and socially.**

The core idea of HOPE is that, while we have to think about the environment on a planet-wide scale, we need to act in our own communities in a way that's effective and meaningful. Our slogan is:

"Think Globally - Act Locally"

For more information please go to:

https://www.hopeaustralia.org.au/home/

ADVERTISEMENTS

What are biodynamic peppers?

Biodynamic peppers are an organic, non-toxic method for controlling animals, weeds and insects that have become a pest. The peppers are created by burning the weed, insect or animal to create an ash. This ash is potentized using homeopathic procedures.

By creating an ash, the energy of the pest animal or plant is severed. This works on the principle that water creates life and fire extinguishes life.

How are peppers used?

The peppers are dispersed during the full moon by stirring 10 drops of the pepper into a bucket of rain water. The mixture is stirred for 10 minutes before being dispersed over the area where the animal or weed is to be controlled.

The peppers are very specific and only work to control the specific pest animal, insect or weed. This means separate peppers are required for each animal, plant or insect.

Can peppers be mixed together?

The peppers work by tuning in to the energy of the specific animal, plant or insect. It is recommended the peppers not be mixed, but be dispersed separately.

Peppers & Potions

Welcome to the Autumn newsletter from The Delectable Garden.

The newsletter provides an update on new biodynamic peppers that are available, as well as providing an update on enduring favourites such as rat and mouse peppers.

I'll provide feedback from biodynamic gardeners who've been using the peppers as well as hints, tips and other information on biodynamic peppers. We'll also discuss other organic potions, such as weed teas to help you in your gardening endeavours.

The Delectable Garden

Biodynamic Peppers

The following peppers are available:

Insect Peppers:

Paper Wasp, 28 Spot Ladybeetle, Flea Beetle, Hard Scale, Bronze Citrus Bug, Green/Brown Grasshopper, Fruit fly

Animal and Bird Peppers:

Rat, Mouse, Ringtail Possum, Brushtail possum, Brush Turkey, Noisy Miner, Indian Myna, Silver Eye, Cane Toad, Crow, Corella, Cockatoo

Weed Peppers:

Commelina cyanea, Cobblers pegs, Velcro weed, Singapore Daisy, Oxalis (Pink flower), Nutgrass, Catsears

Diversity, balance and a healthy environment

According to Rudolph Steiner, the scientist who created biodynamics, all plants and animals are created equal. Each plant has a role to play in helping to manage the health of our soils and each animal and insect has an equal claim. It can often transpire that we have made the animal or weed into a pest through our own actions or inactions.

There is so much we don't know, especially with regard to plants, that it's not in our best interests to eliminate every species we find irritating or annoying. Biodynamics, through peppering, shows us a way that we can control species that have gotten out of hand and threaten the diversity, balance and health of the environment.

I'm having problems with a pest and they're not listed

Peppers can be created to help control most pest animal, weed or insect.

For more information or to discuss particular pest problems, please contact Rohanne Young through The Delectable Garden at www.thedelectablegarden.com.au or phone 0418983203.

"Controlling Pests Without Poisons!"

Can weeds and pests be controlled without using poisons?

Insects. YES!

Vermin. YES!

Weeds. YES!

Have you heard of homeopathy? It works by introducing small 'energetic signatures' to improve something, or to control and eliminate it.

Everything in life has a specific energy frequency. It's like tuning in to your favourite radio station. You only hear the broadcast you tuned in to.

Biodynamic peppers work the same way. They use these 'energetic' signatures in a homeopathic way to create the environment you want by tuning out the pests you don't want.

In other words... the pest doesn't feel welcome.

Click here to download PDF copy

Finland researcher wanting work in NSW Australia

I am a researcher from Finland and coming to Australia, Western Sydney University, as a visiting scholar in October. My work focuses on diversified small-scale farming and regenerative agriculture, and I

have conducted ethnographic research (i.e. participating in the work studied) among biodynamic, organic, permacultural, and agrocecological farms in the Nordic countries, including Finland, Norway and Sweden.

Since 2022 I am also a board member of the Finnish Biodynamic Foundation.

I am reaching out to the biodynamic community in Australia with a hope that I would be able to connect with some biodynamic farms and farmers. I am also in the need for accommodation and would love to explore opportunities for farm stays. I am coming with a family (me, my husband and two children) and we are also open to farm-part-time-work opportunities in New South Wales, Victoria, and Tasmania. I hope to hear from you soon and I'm happy to provide any further information.
with my best, Galina

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Rain Plus* - Sequential Spray Kit

With an extended dry period on the way (El Nino) we recommend applying our Rain Plus - Sequential Spray Kit. This is a sequential spray kit containing all nine of the biodynamic preparations which are sprayed out in a short period of time – from 12-36 hours. This sequential application, over three days, can promote rainfall by rebalancing the local atmosphere.

* The converse can result in a lessening of rain at flood times. The sprayed hectare also receives a strong benefit.

A series of soil and atmospheric sprays are put out over three successive days when the Moon is in a water sign and preferably near Full Moon and the best dates to do this are:

29 September to 1 October
26-28 October

22-24 November

For more information please go to our webpage

https://biodynamics.net.au/product/rain-plus-sequential-spray-kit/

WORKSHOPS

FOOD FOR THE EARTH

LIFE FOR THE SOIL

A Biodynamic Workshop at

Narara Eco Village, Central Coast

Sat/Sun - 9/10 September

Diane Watkin, popular presenter from Biodynamics Sydney, says that Biodynamics comes with "fringe benefits", and has proved itself over nearly 100 years to deliver premium soil quality producing nutrient-dense food. Additionally, it has the ability to absorb carbon emissions into the soil where it is used by the soil-food web.

The "method" is easy and enjoyable, and offers a unique opportunity to work harmoniously as a community within the social realm.

- 2 easy steps to transform degraded soils
- Vortex Stirring method to enliven soil preparations
- Construct a 2-stage/no turn compost
- Using the Biodynamic Calendar to time "nature's free environmental services"
- Soil tests and testing
- Screening the award-winning DVD "Five Hundred"
- Handouts / Q&A / conversations

Payment of $189 will confirm a place; includes Saturday dinner.
Register at nararaecovillage.com/calendar

Narara Food for Earth workshop

This workshop has been rescheduled to 9 and 10 September.

Please register through the Narara website below:

https://nararaecovillage.com/event/food-for-earth-august-2023/?instance_id=454

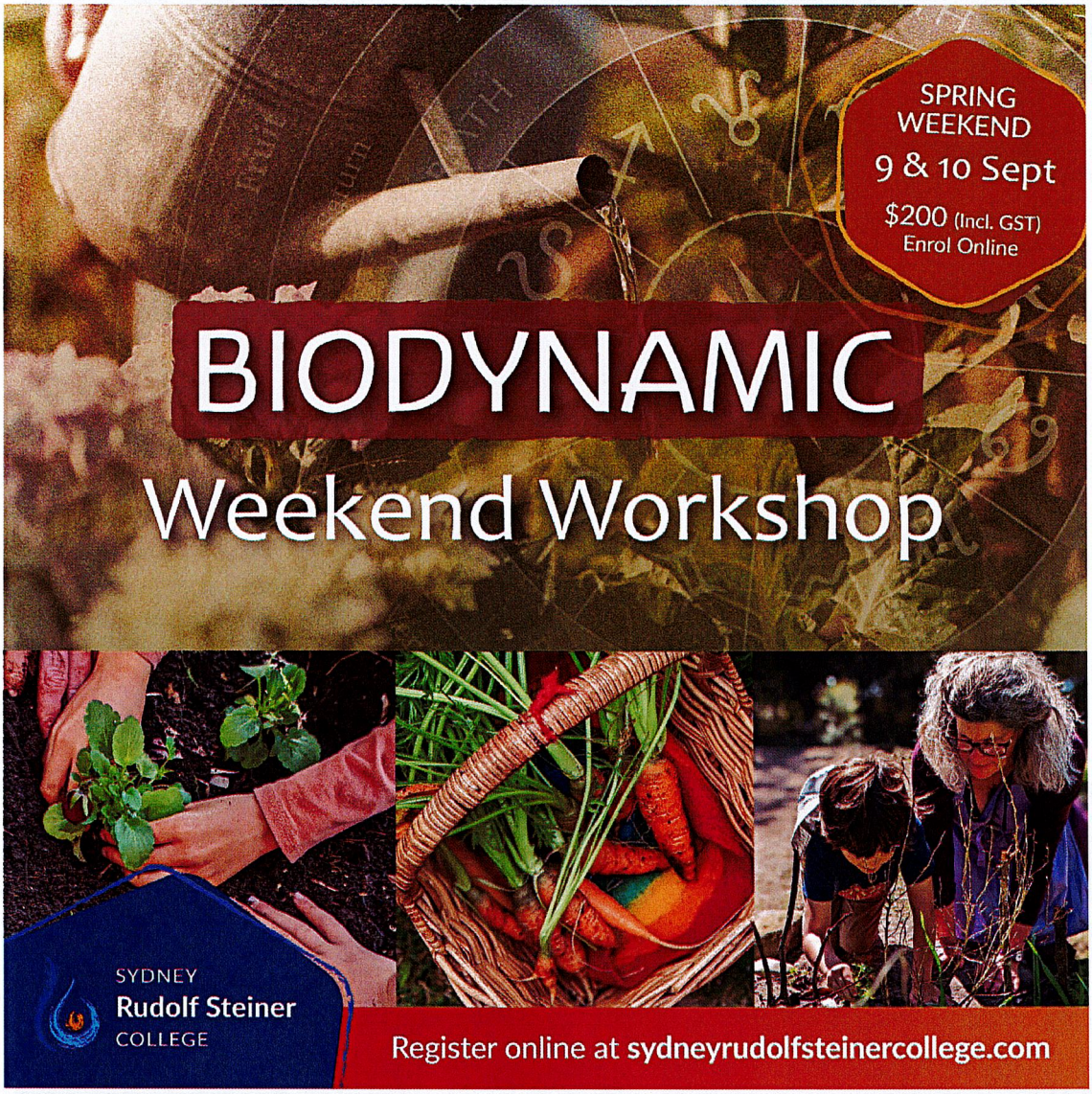
https://food-for-earth-august-2023.lilregie.com/booking/attendees/new

Biodynamic Gardening workshop - Brisbane

This 2 day workshop on 18-19 Nov at the beautiful urban farm of Peter Kearney introduces you to all the key concepts of working with biodynamic methods to enhance all life processes in your garden or farm. The workshop covers a mixture of theory and practice.

Location is 30 minutes from Brisbane CBD in a rural area. Local homestay accommodation can be found.
More information and how to register
at www.myfoodgarden.com.au then click workshops tab.

https://weteachme.com/myfoodgarden/1022726-biodynamic-gardening-vegetables-herbs-and-fruit



Rudolph Steiner College Biodynamic Course

A biodynamic regenerative agriculture course for educators, parents and families of all ages to learn, experience and participate in the rich biodynamic practices developed by Rudolf Steiner.

This Four-Part course is a practical, meaningful celebration of the Alchemy of Minerals, Plants, Animals and Humans in Nature that offers real solutions to the prevailing question of all ages: "What Can I/We do?" in this promising era.

Participants will learn Biodynamic principles that can be applied to any environment, from pots on a balcony to a production farm.

Learn Biodynamic
Regenerative Agriculture

SPRING WEEKEND

9 & 10 Sept

$200 (Incl. GST)
Enrol Online

Join us for an exploration into the holistic and regenerative practices of Biodynamic Agriculture **with** Sandra Frain as she delivers her lively and impactful workshops at Steiner schools around NSW. Packed with in-depth insight, practical demonstrations and take-home goodies for the home and garden.

This course is a practical, meaningful celebration of the Alchemy of Minerals, Plants, Animals and Humans in Nature that offers real solutions to the prevailing questions of all ages" "What can I/We do?" in this promising era.

SPRING WEEKEND

Creating Compost, Soil & Biodynamic Fertilisers

SYDNEY
Rudolf Steiner
COLLEGE

For Parents, Educators and garden enthusiasts.
with a festive gardening session on Sunday for the whole family

SPRING WEEKEND 9 and 10 September at Glenaeon Rudolf Steiner School, Middle Cove
Register Online at **sydneyrudolfsteinercollege.com**

For sale

Seven bowl flowform with electric pump and a 1000ltr trailing BD sprayer in Narromine, NSW .

For more information please contact Colin Hamilton on 0427 890 549

PRICE LIST

PRICE LIST AS AT APRIL 2023 — Selling price includes GST

		PORTION SIZE	FARM	GARDEN	NON-MEMBER
ATMOSPHERIC SPRAYS					
Horn Clay – Summer		4g	$1.35	$1.85	$2.75
		10g/ha	$2.85	$4.00	$6.00
		100g	$26.40	$36.95	$55.45
Horn Silica 501		1g	$4.75	$6.65	$9.95
		2g/ha	$6.60	$9.25	$13.85
		100g	$277.20	$388.10	$582.15
Dried Equisetum arvense 508		100g makes 10 litres concentrate	$19.80	$27.75	$41.60
Fresh Equisetum Fresh 508		5ml vial – up to 25ha	$5.95	$8.35	$12.50
EQUIPMENT					
Filter Bag		450mm long	$48.85	$68.40	$102.60
		880mm long	$73.95	$103.50	$155.25
Spray Nozzle for soil spray Horn Manure 500		5kph	$72.60	$101.65	$152.45
		8kph	$72.60	$101.65	$152.45
		12kph	$72.60	$101.65	$152.45
		15kph	$72.60	$101.65	$152.45
Spray Nozzle for atmospheric spray Horn Silica 501		Small / Slow	$63.40	$88.70	$133.05
		Large / Fast	$63.40	$88.70	$133.05
INDIVIDUAL PREPARATIONS AND COMPOST ENHANCERS – KITS					
Yarrow 502	10g	2g per ha	$33.00	$46.20	$69.30
Chamomile 503	10g	2g per ha	$33.00	$46.20	$69.30
Nettle 504	10g	2g per ha	$33.00	$46.20	$69.30
Oakbark 505	10g	2g per ha	$33.00	$46.20	$69.30
Dandelion 506	10g	2g per ha	$33.00	$46.20	$69.30
Valerian 507	5ml		$7.25	$10.15	$15.25
Valerian 507	100ml		$59.40	$83.15	$124.75
Valerian 507 (when available)	1 litre		$330.00	$462.00	$693.00
HOME GARDEN KIT 1 portion each of Soil Activator, Horn Silica (501), Summer Horn Clay, Fresh Equisetum (508), and 1g set of Compost Enhancers		up to 1000 m² (¼ acre) – Instructions included.	$49.50	$69.30	$104.50
COMPOST ENHANCER KITS					
Compost Preparations	1g/prep	for up to 3 tonnes or 12m³ material	$33.00	$46.20	$69.30
Compost Preparations	2g/prep	for up to 6 tonnes or 24m³ material	$59.40	$83.15	$124.75
Compost Preparations	4g/prep	for up to 12 tonnes or 48m³ material	$105.60	$147.85	$221.75
Cow Pat Pit Kit (CPP) for making Manure Concentrate plus Eggshell and Basalt Dust, for 1 wheelbarrow of manure		4g/prep	$112.20	$157.10	$235.65
Compost Preparations Bulk set	up to 30 tons or 120m³ material	10g/prep	$145.20	$203.30	$304.95
RAIN PLUS SEQUENTIAL SPRAY KIT for 1 hectare – Instructions included. Combined Soil Preparation, Soil Activator, Horn Silica (501), Summer Horn Clay, Fresh and Fermented Equisetum (508), Valerian (507)			$86.45	$121.05	$181.60
SOIL PRODUCTS					
LIQUID PRODUCTS					
Liquid Soil Activator (LSA)		1 litre	$38.50	$53.90	$80.85
		2.5 litres	$88.00	$123.20	$184.80
		5 litres	$165.00	$231.00	$346.50
		10 litres	$313.50	$438.90	$658.35
		20 litres	$605.00	$847.00	$1270.50
Fish Concentrate		1 litre	$13.20	$18.50	$27.75
		2.5 litres	$23.75	$33.25	$49.90
		5 litres	$46.20	$64.70	$97.05
		20 litres	$151.80	$212.55	$318.80
		200 litres	$1188.00	$1663.20	$2495.00
		1000 litres	$5280.00	$7392.00	$11088.00
Seaweed Concentrate		1 litre	$13.85	$19.40	$29.10
		2.5 litres	$30.35	$42.50	$63.75
		5 litres	$51.50	$72.10	$108.10
		20 litres	$171.60	$240.25	$360.40
		200 litres	$1320.00	$1848.00	$2772.00
		1000 litres	$5940.00	$8316.00	$12474.00

SOIL PRODUCTS

	PORTION SIZE	FARM	GARDEN	NON-MEMBER
LIQUID PRODUCTS				
Combined Fish Seaweed Concentrate	1 litre	$15.18	$21.25	$31.90
	2.5 litres	$33.00	$46.20	$69.30
	5 litres	$52.80	$73.95	$110.90
	20 litres	$178.20	$249.50	$374.25
	200 litres	$1452.00	$2032.80	$3049.20
	1000 litres	$6600.00	$9240.00	$13860.00
MINERALS				
Diatomaceous Earth	1kg	$9.25	$12.95	$19.40
	15kg	$55.00	$77.00	$115.50
Palagonite	400g	$6.60	$9.25	$13.85
	5kg	$13.20	$18.50	$27.75
	20kg	$35.65	$49.90	$74.85
Dorrigo Basalt Crusher Dust	5kg	$13.20	$18.50	$27.75
	20kg	$35.65	$49.90	$74.85
Horn Basalt	1g	$1.75	$2.45	$3.70
	2g/ha	$2.65	$3.70	$5.55
	100g	$92.40	$129.35	$194.05
SOIL PREPARATIONS				
Combined Soil Preparation (CSP)	100g	$13.20	$18.50	$27.75
Includes Horn Manure (500), Manure Concentrate,	245g/ha	$21.15	$29.60	$44.35
Winter Horn Clay, and Fermented Equisetum (508).	1kg	$79.20	$110.90	$166.35
	10kg/kg	$73.95	$103.50	$155.25
Equisetum Fermented 508 5ml vial	soil–up to 25ha	$5.95	$8.35	$12.50
Horn Manure 500	35g	$5.50	$7.70	$11.55
	85g/ha	$11.55	$16.20	$24.25
	1kg	$114.85	$160.80	$241.20
	10kg/kg	$108.25	$151.55	$227.30
Manure Concentrate Cow Pat Pit (CPP)	60g	$4.75	$6.65	$9.95
Includes Composted Cow Manure,	150g/ha	$9.90	$13.85	$20.80
Compost Preparations 502-507,	1kg	$59.40	$83.15	$124.75
Ground Eggshells and Basalt Dust.	10kg/kg	$55.45	$77.60	$116.45
Soil Activator	30g	$5.85	$8.15	$12.25
Includes Composted Cow Manure, Horn Manure (500),	75g/ha	$9.25	$12.95	$19.40
Horn Silica (501), Compost Preparations 502-507,	1kg	$112.20	$157.10	$235.65
Equisetum (508), Winter Horn Clay, Horn Basalt and basalt dust.	10kg/kg	$105.60	$147.85	$221.75
Horn Clay – Winter	4g	$1.35	$1.85	$2.80
	10g/ha	$2.85	$4.05	$6.05
	100g	$26.40	$36.95	$55.45

PASTE

PASTE	1.2 kg	$11.90	$16.65	$24.95
	5 kg	$39.60	$55.45	$83.15
	10 kg	$66.00	$92.40	$138.60
	20 kg	$105.60	$147.85	$221.75

AND MORE				
Astro Calendar	Price varies each year — see website			
Biodynamic Handbook (comes with Membership Kit)	each	$16.50	$16.50	$16.50
News Leaf Journal	year	$48.40	$48.40	$48.40
Garden Membership Subscription *NEW $15.00 sign-up free*	year		$65.00	
Farm Membership Subscription *NEW $15.00 sign-up free*	year	$130.00		

All prices include GST. Please arrange credit card payment at time of ordering.
Order online: **www.biodynamics.net.au** OR phone **(02) 6655 0566**
Orders are despatched within three working days.
Shipped via: Australia Post or courier.

Disclaimer: no preparations or products made and supplied by Biodynamic Agriculture Australia involve the use of radionics or field broadcasters.

Click here to download PDF version of our price list.

Biodynamic Agriculture Australia Ltd

NEWS LEAF

Spring 2023 Issue #136 www.biodynamics.net.au

Biodynamics as alchemy • Water, water, water
Regenerative land management – the key to healthy food and farmers
Corn • Soil bugs, ag's newest frontier • From farm to bowl
Even more roles for microbes • A biodynamic training
Healing clay • Profitable polyculture • The war on soy
Get your garden in tune with the environment – go biodynamic

Our latest journal, News Leaf No. 136, full of wonderful and interesting biodynamic, organic and spiritual articles, is about to be mailed and emailed to members.

Become a member today to receive your copy plus so much more.

https://biodynamics.net.au/join/

Thanks for reading our newsletter

We're on a mission to encourage and inspire you further in biodynamics. Our online newsletter gives you a small snippet of the many wonderful biodynamic articles and information we share in our quarterly *News Leaf* journal with members.

As a member you receive:

- Benefits on products and workshops - view our products below
- Quarterly *News Leaf* coloured journal full of stories, articles and other valuable information
- Biodynamic Handbook - everything you need to know to get started
- Sample of Biodynamic Soil Activator with instructions
- Encouragement, motivation, guidance and support

Your membership assists us to create, share and promote everything biodynamic. It supports our not-for-profit organisation in making preparations and products, giving education, sharing information and spreading the good word.

We are on this biodynamic journey together and shared experiences are invaluable, so we would love to hear your stories to share with members.

Office Hours: Mon-Tues 9am-3pm & Thurs 9am-12.30pm
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Help spread the good word by sharing our newsletter and please.

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