



Biodynamic Agriculture Australia Ltd

*Living Soil Living Food*

## Biodynamics for urban gardening

Your suburban block can be managed biodynamically, as our method treats your environment as a whole. Biodynamics encourages a 'mindful', holistic approach, inviting you on a journey of discovery, values intuition as well as science and fosters a special sense of wellbeing.

***This Home Garden Kit*** contains **two spray** applications for an area up to 1000 square metres (quarter acre) and will make up to three cubic metres of compost or 200 litres of liquid manure, which you can use to enhance the fertility of your soil and your urban environment.

### Contents of kit:

**Soil Spray:** 30g of Biodynamic Soil Activator – 15g per application

**Atmospheric Spray:** 2g of Horn Silica (501), 10g of Summer Horn Clay, 5ml vial of fresh Equisetum (508), potentised 8x

**Compost:** 1g set of Biodynamic Compost Enhancers for a compost pile up to 3 tonnes or 12 cubic metres of material. **See “How to make biodynamic compost” on our website under Resources for J. Hodgkinson’s compost – long but good!**

### **Vortical Stirring**

Make a good vortex by stirring vigorously in one direction in a stainless steel or food grade plastic bucket, or earthenware vessel. When the vortex reaches the bottom of the container, reverse direction. Make about three directional changes a minute and continue for twenty minutes for soil activator and one hour for the atmospheric spray (horn silica).



### What you need:

Hearth brush or small sprayer  
Bucket  
Backpack  
Focussed intention  
Water: \*Best - MEA structured water, rain water or de-gassed town water



Evening  
soil spray application  
large droplets on soil



Morning  
atmospheric spray  
fine mist into the air

We recommend our ***Astro Calendar*** to support your growing, recommended spraying dates also on our website: <https://biodynamics.net.au/seasonal-dates/> (can download pdf)

If you are growing specifically in pots, vegetables in your patch, trees and shrubs and indoor plants – please see our other selections on the website.



Preparation	How to Use	Time to Put Out/Storage
<p>Compost Enhancers for compost heaps, worm farms and in brewing of liquid manures and weed teas</p>	<p>Makes five holes about 20cm deep in top of your compost heap; drop in each preparation; backfill. Stir the Valerian for ten minutes in four litres of warm water. Sprinkle onto the heap. Cover heap with layer of mulch to keep moist. For liquid manures and teas: add the preparations to a 200 litre drum.</p>	<p>When required.</p> <p><u>Store</u> in a glass jar with a loose fitting lid surrounded by 10cm of peat moss or coconut fibre in a large wooden box, terracotta or ceramic pot. They will remain viable for up to 12 months if stored this way.</p>
<p>Soil Activator 30g</p> <p>Stimulates the living components of the soil. Enhances the breakdown of organic matter. Helps develop humus and moisture retention leading to greater plant resilience and creating drought resistance in the garden.</p>	<p>15g in 7-10 litres of warm rain or spring water approx. 20-30 degrees. If town water, (chlorinated), leave in the sun for one day before using. Stir vortically by hand for twenty minutes. <b>SEE VORTICAL STIRRING OVER</b></p> <p>Apply to area by hand using a brush or large droplets if using sprayer.</p> <p>By hand: Dip a brush or leafy branch into the bucket and with a wide arcing arm movement, spread the droplets in a brisk flicking movement over an approximate 10 metre wide strip. Walk three steps and repeat. Continue across the area. Aim to spread the droplets, not wet everything.</p>	<p>Spring and autumn two hours prior to sundown. Descending Moon.</p> <p>May be put out monthly.</p> <p><u>Store</u> in a cool, dark place, preferably in a glass jar with a loose fitting lid surrounded by peat or coconut fibre in a larger wooden box, terracotta or ceramic pot. It will remain viable for up to 12 months if stored this way.</p> <p>Stirred Soil Activator left over from an application can be stored as above for a limited period, up to a month maximum, before putting out. In addition to the normal method, it can be watered directly onto pot plants and garden beds using a watering can.</p>



<p>Atmospheric Preparations: 2g Horn Silica, 10g of Summer Horn Clay and 5ml of Fresh Equisetum</p> <p>Stimulates photosynthesis and balances excessive watery growth after prolonged rainfall; strengthens plants against fungal disease. Enhances sugar development in fruit. They work above the soil surface to strengthen plants.</p>	<p>Halve contents of sachets and vial and put in four litres of water. Stir vortically for one hour then spray as a fine mist into the early morning air. Spray upwards, with breeze behind you. Wear hat and protective glasses. Spray over garden beds, trees, shrubs and lawns.</p>	<p>Spring and autumn in the early morning before 9am</p> <p>Used when seedlings are starting to grow, small fruit is forming and when maturing to improve ripening, flavour and quality.</p> <p><u>Store</u> in glass jar in the light for up to 12 months</p>
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### **What is structured water and why we recommend it?**

This is the most important requirement for potentiating the soil and atmospheric preparations and for diluting Liquid Soil Activator (LSA). This is that the “good water” must be STRUCTURED, meaning that its memories need to be cancelled or neutralised so that it is receptive to the biodynamic messages contained in the highly energised preparations, as well as their combination, LSA.

Merely using “good water” to dilute LSA ignores the long-standing imperative for stirring such water vortically. Untreated water works but with considerably reduced effect. If you are on town water that is chlorinated or floridated, leave the water outside in an open container for 24 hours before use.

In the case of backyarders and smaller scale users in general, hand stirring was and still is the recommended method of structuring the diluted preparation. Only ten minutes is the recommended stirring time in these cases.

The purpose of introducing LSA was to make it possible for larger scale users to avoid the need for twenty minutes stirring, as well as the considerable expense and effort involved in purchasing and using stirring machines or flowforms.

There are various ways of structuring water apart from vortical stirring or flowforming, for instance focused intent, thought forms, radionics and even the written word attached to containing vessels. Unfortunately these techniques do not work for everyone, as they require a certain degree of training and some radionics is controversial.

Masura Emoto’s work on structuring water with emotion and other messaging is particularly informative and relevant to biodynamics.

In a practical sense, the best way to simply and easily structure the water to be used to dilute LSA, without any need to stir, is the Phion water structuring device, which comes in various sizes applicable to scale of operation. Many users swear by its efficacy. These devices require no maintenance and will work indefinitely,

The principle of this device is soundly based on the research of Victor Schauberg, Constantin Korotkov and Gerald Pollack, and the Phion devices produce water hungry for the highly potent biodynamic messages of the preparations, as well as carrying a strong and long-lasting negative charge, vital for living organisms.

Disclaimer: Biodynamic Agriculture Australia nor directors or employees gain any financial benefit from sales or promotion of Phion MEA water structuring devices.

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