



Cow Pat Pit Kit for Making Manure Concentrate

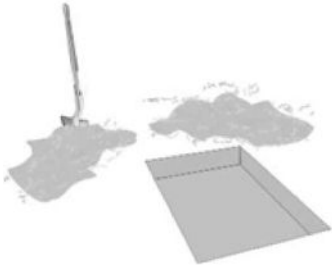
CPP (cow pat pit), which we refer to as Manure Concentrate, is made by collecting fresh biodynamic/organic cow manure then adding ground eggshells and basalt dust. The mixture is generally mixed for one hour then placed on or in the ground with the biodynamic compost preparations and dried Equisetum sprinkled on top. Kept moist, the preparation will then transform over several months until mature.

Ingredients:

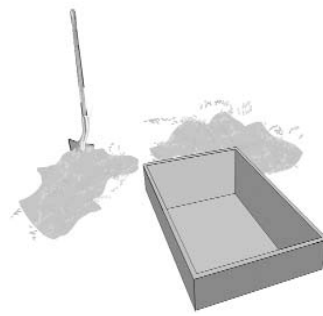
- ❖ 1 wheelbarrow load of manure (less than three weeks old) preferably from biodynamic grass-fed lactating cows
- ❖ 200g eggshells, finely ground
- ❖ 400g basalt rock dust
- ❖ 100g dried Equisetum
- ❖ 2 x 1 gram Compost Enhancer Kits

1. Mix manure, eggshells and basalt dust well for one hour using a shovel or hoe in a wheelbarrow, on a mortar board or mix mechanically in a small cement mixer.
2. Pour half of the pre-mixed manure/eggshell/basalt mix into the formed pit.
3. Smooth the top of the mix and make five shallow holes placing a 1g compost preparation (502-506) in each hole.
4. Pour over the remainder of the manure/eggshell/basalt mix and repeat step 3.
5. Scatter 100g of dried Equisetum over the pit surface.
6. Soak a hessian sack or two in clean water until wet and cover the manure mix. Protect the entire pit with a waterproof cover or lid, such as plywood or corrugated iron. Leave for approximately four-six weeks.
7. Remove the cover and mix the contents of the pit, folding in the outside edges ensuring the contents are well turned and smoothing off the top. If no worms are present at this stage, add a handful of compost worms, Cover and leave for at least six more weeks ensuring the CPP does not dry out (sprinkle with clean water as necessary).
8. The CPP preparation is ready when the manure has changed to a consistent dark brown/black, friable texture.
9. Vortically stir the Valerian in five litres of water for ten minutes and sprinkle over the contents of the pit with a watering can. The CPP is now ready for use.
10. Retrieve the CPP and remove worms, bits of hessian and other foreign matter. Store in earthenware or glass containers, with breathable lids, in a cool dark place.

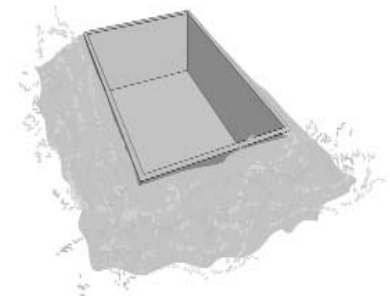
See over for further instructions



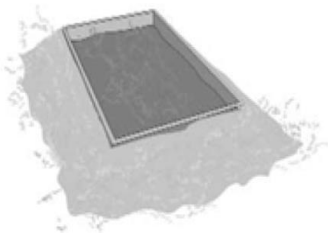
Dig a 100cm x 60cm x 15cm deep hole in good garden soil



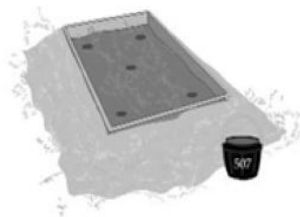
Build a bottomless box 30cm deep, with untreated timber or bricks around the edge



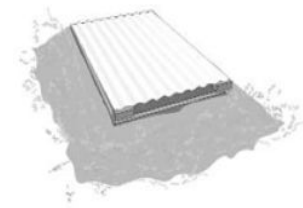
Mound up the soil around the edge of the box.



Pour in half of the pre-mixed manure/eggshell/basalt preparation



Smooth the top and make five holes, then place a 1g portion in each hole. Pour in the remainder of the manure/eggshell/basalt mix. Smooth the top and make another five holes then place one of the five 1g compost preparations (502-506) in each hole. Smooth over the top and sprinkle with dried equisetum



Cover the pit with a damp hessian sack and protect it with a waterproof cover, such as corrugated iron. Leave for six weeks. Remove the cover and mix the contents of the pit by folding the outside edges into the centre, until well mixed.

If no compost worms are present, add a handful to the mix. Smooth, cover and leave for at least six more weeks. During this time spray pit lightly with water if the manure looks dry. The Manure Concentrate Preparation is ready when it has turned into dark, friable texture. Vortically stir the Valerian in five litres of water for ten minutes and sprinkle over the contents of the pit with a watering can. Now ready for use.