

FOOD FOR THE EARTH

LIFE FOR THE SOIL A Biodynamic Workshop at

Narara Eco Village, Central Coast

Sat/Sun - 9/10 September



Diane Watkin, popular presenter from Biodynamics Sydney, says that Biodynamics comes with “fringe benefits”, and has proved itself over nearly 100 years to deliver premium soil quality producing nutrient-dense food. Additionally, it has the ability to absorb carbon emissions into the soil where it is used by the soil-food web.

The “method” is easy and enjoyable, and offers a unique opportunity to work harmoniously as a community within the social realm.

- 2 easy steps to transform degraded soils
- Vortex Stirring method to enliven soil preparations
- Construct a 2-stage/no turn compost
- Using the Biodynamic Calendar to time “nature’s free environmental services”
- Soil tests and testing
- Screening the award-winning DVD “Five Hundred”
- Handouts / Q&A / conversations

Payment of \$189 will confirm a place; includes Saturday dinner.
Register at nararaecovillage.com/calendar